



IDS-iSYS Salivary Cortisol

The **IDS-iSYS Salivary Cortisol assay** is an *in vitro* diagnostic immunoassay intended for the quantitative determination of cortisol in human saliva on the IDS-iSYS Multi-Discipline Automated System family. Results are to be used as an aid in the assessment of Cushing's syndrome and other disorders of the hypothalamic pituitary adrenal axis.

Cortisol is a **steroid hormone** synthesised in the cortex of the adrenal gland. Approximately 90% of cortisol in plasma is proteinbound to cortisol-binding-globulin (CBG). Measurement of **unbound cortisol found in saliva** is an accurate method to assess the biologically **active free plasma cortisol**^{1,2}. CBG concentrations decrease with certain liver and kidney diseases, resulting in decreased serum cortisol concentrations. The unbound fraction (as in saliva) is said to remain constant³.

In healthy subjects, cortisol levels peak at 7–9 a.m., with levels falling for the rest of the day⁴. Patients with abnormal function of the adrenal gland lose normal **circadian rhythm** and have higher levels of cortisol at midnight⁵.

Measuring midnight salivary cortisol is an easy and non-invasive means of diagnosing diseases of cortisol imbalance such as **Cushing's syndrome (CS)**. Salivary cortisol is most useful as the initial test when CS is suspected and for periodic patient monitoring after pituitary surgery for Cushing's syndrome^{6,7}.

Clinical Value

- Bringing efficiency to automated cortisol clinical diagnostics in saliva patient samples first result in 8 minutes
- Excellent sensitivity and reproducible results
- Accurate assay results with calibration to isotope dilution mass spectrometry (IDMS)
- A comprehensive clinical assay panel supporting diagnosis of endocrine hypertension disorders

Specifications

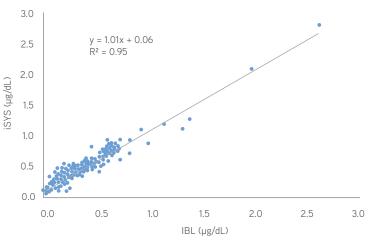
No. of subjects	124	124	
	06.00 - 10.00	20.00 - 00.30	
Mean 93.4% at 0.313 and 0.620	6 μg/dL		
Observed = 0.97 Expected + 0	.01µg/dL; R ² 0.99		
Prednisolone: 28%			
11-Deoxycortisol and 11-Deoxycorticosterone: ≤ 5% Cortisone, Corticosterone, Prednisone and 21-Deoxycortisol: <20%			
28 days			
7 days			
Saliva			
200 µL			
0.02 – 3.00 µg/dL			
0.015 ug/dL			
0.02 µg/dL			
Automated Chemiluminescend	e Immunoassay (CLIA)	
	0.02 μg/dL 0.015 ug/dL 0.02 – 3.00 μg/dL 200 μL Saliva 7 days 28 days Dexamethasone <1% 6α-Hydroxycortisol <1% 6β-Hydroxycortisol <1% 6α-Methylprednisolone and Pr 11-Deoxycortisol and 11-Deoxy Cortisone, Corticosterone, Pre Prednisolone: 28% Observed = 0.97 Expected + 0 Mean 93.4% at 0.313 and 0.620	0.02 μ g/dL 0.015 ug/dL 0.02 - 3.00 μ g/dL 200 μ L Saliva 7 days 28 days Dexamethasone <1% 6 α -Hydroxycortisol <1% 6 β -Hydroxycortisol <1% 6 α -Methylprednisolone and Progesterone: <1% 11-Deoxycortisol and 11-Deoxycorticosterone: < 5% Cortisone, Corticosterone, Prednisone and 21-Deoxy Prednisolone: 28% Observed = 0.97 Expected + 0.01 μ g/dL; R ² 0.99 Mean 93.4% at 0.313 and 0.626 μ g/dL 06:00 – 10:00	0.015 ug/dL 0.02 - 3.00 μ g/dL 200 μ L Saliva 7 days 28 days Dexamethasone <1% 6α-Hydroxycortisol <1% 6β-Hydroxycortisol <1% 6α-Methylprednisolone and Progesterone: <1% 11-Deoxycortisol and 11-Deoxycorticosterone: $\leq 5\%$ Cortisone, Corticosterone, Prednisone and 21-Deoxycortisol: <20% Prednisolone: 28% Observed = 0.97 Expected + 0.01 μ g/dL; R ² 0.99 Mean 93.4% at 0.313 and 0.626 μ g/dL 06:00 - 10:00 20:00 - 00:30

Ordering Information

✓ Product Name	Code
IDS-iSYS Salivary Cortisol Reagent pack:	IS-4900
IDS-iSYS Salivary Cortisol Control Set	IS-4930
IDS-iSYS Salivary Cortisol Calibration Verifiers	IS-4935

Method Comparison

Method comparison IDS-iSYS Salivary Cortisol Vs IBL ELISA



Related Product

- Product Name	Code
IDS-iSYS Aldosterone	IS-3300
IDS-iSYS Direct Renin	IS-3400

For more details on our products visit www.idsplc.com

References

1. David W., The Immunoassay Handbook. Third Edition. D.Wild (Ed.) Published by Elsevier Ltd. 2005.

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3. Aardal, E. and Holm, A-C., 'Cortisol in saliva - reference ranges and relation to cortisol in serum'. Eur J Clin Chem Clin Biochem, 33, 1995, 927-932.

4. Rossi GP., Seccia TM. and Pessina AC., 'Clinical use of laboratory tests for the identification of secondary forms of arterial hypertension'. Crit Rev Clin Sci, 44(1), 2007, pp 1-85.

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- 6. Raff, H., 'Cushing's syndrome: diagnosis and surveillance using salivary cortisol'. Pituitary, 15, 2012, pp 64-70.
- 7. Raff, H., 'Update on late-night salivary cortisol for the diagnosis of Cushing's syndrome: methodological considerations'. Endocrine, 44, 2013, pp 346-349

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