

## MILK

Molecular Allergology



# Precise results for safe and accurate decisions

How to improve characterization and manage milk allergic patients

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# Take the diagnosis and management of milk allergic patients to a whole new level

## Improved risk assessment with allergen components

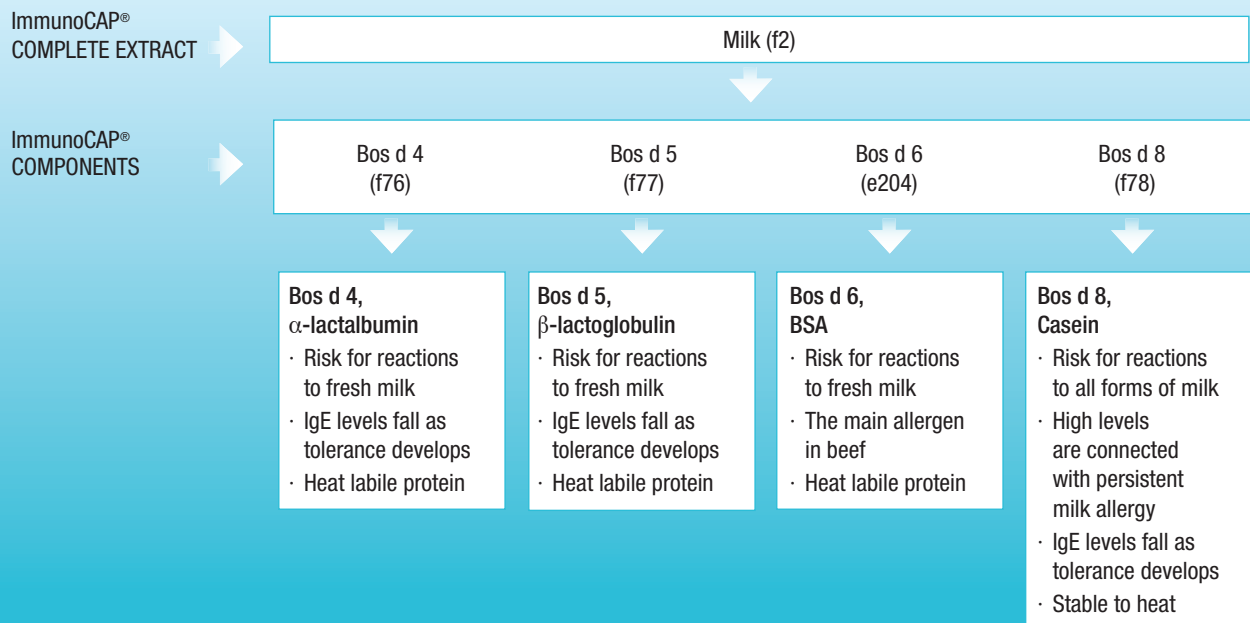
- The levels of Bos d 8 IgE antibodies reflect the severity of the milk allergy;<sup>1-4</sup>
  - high levels indicate allergy to both fresh and baked milk.
  - low or undetectable levels indicate tolerance to baked milk products e.g. cakes and cookies.
- Patients sensitized to Bos d 8 are also at risk of severe reactions upon intake of non-dairy products in which casein may be used as an additive (e.g. in sausages, chocolate and potato chips).<sup>5-7</sup>

## Better characterization and management of milk allergic patients

- Patients sensitized to Bos d 4, Bos d 5 and Bos d 6 but with low levels of IgE to Bos d 8 may tolerate baked milk products.<sup>8-10</sup>
- Children often outgrow their milk allergy – early signs of tolerance development can be detected by following the Bos d 8 IgE levels over time.<sup>11-14</sup>
- As tolerance develops, decreasing levels of IgE to Bos d 4, Bos d 5 and Bos d 6 are also seen.<sup>12</sup>
- By quantifying the IgE levels to Bos d 8 the clinicians may be helped in the decision when to perform a challenge test.<sup>11-12,15</sup>
- Milk allergic patients sensitized to Bos d 6 may also have concomitant beef allergy.<sup>16-17</sup>

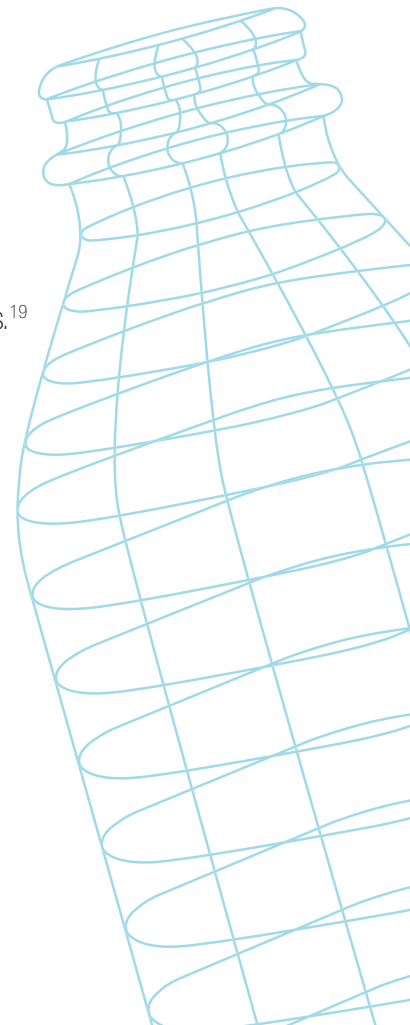


## Recommended test profile

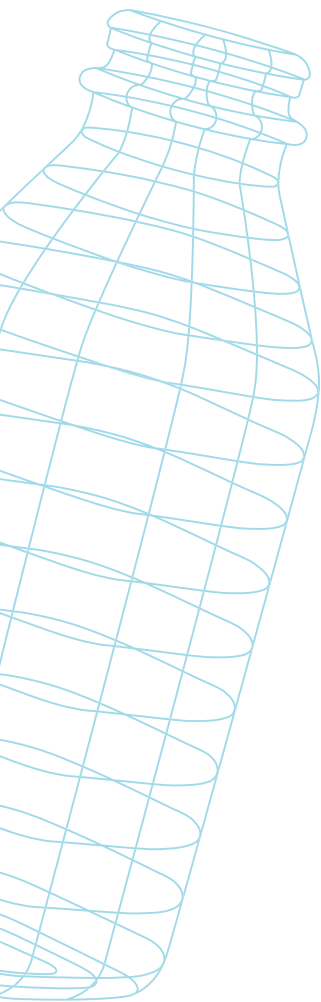


### Did you know that?

- The prevalence of milk allergy in young children is approximately 2 %.<sup>18</sup>
- Most milk allergic patients are sensitized to several milk components.
- 80 % of the milk protein content is casein; the remaining 20 % are whey proteins.<sup>19</sup>
- Bos d 8 (casein) is a major milk allergen which is stable to heat.<sup>19–20</sup>
- Milk whey contains proteins such as beta-lactoglobulin, alpha-lactalbumin and serum albumin.<sup>19</sup>
- Whey proteins are rather heat labile and therefore destroyed by cooking.<sup>19</sup>
- Bos d 6 (serum albumin) is a main allergen in beef.<sup>16–17</sup>
- Bos d 6 is a risk marker for systemic reactions e.g. in artificial insemination and cell therapy treatment or other procedures involving infusion of albumin-containing medium.<sup>21–23</sup>







## Make a precise assessment

ImmunoCAP Allergen Components help you differentiate between "true" allergies and cross-reactivity

## Make a substantiated decision

A better differentiation helps you give relevant advice and define the optimal treatment

## Make a difference

More informed management helps you improve the patient's well-being and quality of life

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